

Preparation for the visit to the doctor

What I should think about before my visit to the doctor

GENERAL

Do I need an escort? (e.g. in case of visual or hearing impairment, physical weakness, dizziness, forgetfulness, or help with the history)

E-card helps, but we only need your insurance number.

Medical identity cards: e.g. Marcoumarpass, blood pressure card, diabetic card, allergy pass, vaccination pass, implant pass, etc.

To arrive on time, please allow for a time buffer. This is especially true if you are coming by ambulance. Plan your route, consider the time to find a parking space. There are not enough short-term parking spaces in the area, don't forget the parking tickets or the disabled pass.

Please inform us in good time if you are unable to attend an appointment. Call us if you come later. In case of a cancellation, please let us know as early as possible, including on the tape, we can then invite someone from the waiting list.

We also try to meet your appointment on time, sometimes we might be delayed for a few minutes due to the needs of other patients.

MEDICAL INFORMATION

List of surgeries or serious illnesses with date (year)

- Current important reports that you have at home
- X-rays. Especially images such as CT (computer tomography) and MRT (magnetic resonance imaging pictures) are important for us.
- Laboratory findings
- Discharge letters from hospital stays
- Operation reports

CHECKLIST

Medications I take regularly.

Please look up the **name** of the medication, the **strength** (e.g. 20 mg) of the dosage and the **time** of intake

#	time	mg	morning	noon	afternoon	evening	night

My clinical picture

When did it start?

What complaints?

What was the further course?

What helped, what worsened?

What else would I like to discuss?
